

**2024 RISH Chinese Summer Camp Program Session 4 Excursions Only**Date of Program: 24<sup>th</sup> July – 4<sup>th</sup> August, 2024 (12 days)

日期 /Date	行程描述 / Itinerary Details
Wed. 07/24	到达上海; 机场接机; 入住校园酒店。 Arrive in Shanghai; Airport transfer to campus. Arrange for accommodation in campus hotel. 欢迎晚宴; 夏令营日程讲解以及注意事项介绍。 Welcome dinner; Orientation. 21:45-22:00 查房, 熄灯 Room check; Curfew
Thu. 07/25	前往"上有天堂, 下有苏杭"之称的古都杭州。 Depart for Hangzhou, icon of old China, reputed for beautiful scenery. 抵达龙井茶的产地龙井村, 参观"中国茶文化博物馆"和龙井茶园, 品尝龙井茶, 学习茶叶知识。 Hike through the celebrated Long-jing green tea plantation village, visit "China National Tea Museum", learn history and culture about Chinese tea. 参观千年古刹"灵隐寺", 游览古代佛教石窟艺术瑰宝"飞来峰"石刻造像。 Visit Lingyin Temple, one of the most famous ancient Buddhist monasteries in China. Explore numerous Buddhist grottoes and religious rock carvings. 参观中国丝绸博物馆, 世界上最大的丝绸博物馆, 展示了中国五千年的丝绸历史及文化。 Visit China National Silk Museum, the largest silk museum in the world; learn history and culture about Chinese silk.
Fri. 07/26	泛舟西湖之上, 观赏秀丽的湖光山色和众多的名胜古迹, 感受如诗如画的江南古典风光。 Sightseeing boat cruise on the West Lake, the most important attraction in Hangzhou, UNESCO world heritage site. 参观南宋官窑遗址和南宋官窑历史文物展览, 学习中国陶瓷文化。 Visit the site of the Song Dynasty Guan Kiln and historical relics exhibition, learn history and culture about Chinese ceramics. 参观清末巨商胡雪岩故居, 清末第一豪宅, 美轮美奂的传统江南宅第。 Visit old house of Hu-Xueyan, admire traditional Chinese architecture and classical garden of the Qing dynasty.
Sat. 07/27	前往古典名城苏州。 Depart for Suzhou, ancient city of China, famous for its classical gardens. 参观苏绣艺术博物馆, 苏绣作为一门千年流传的古艺是中华文化的代表之一。 Visit Museum of Suzhou Embroidery Art. 游览苏州四大古典园林之一的"狮子林"。 Stroll the "Lion Grove Garden", one of most celebrated classical Chinese gardens, UNESCO World Heritage Site. 参观苏州昆曲博物馆, 昆曲号称"百戏之祖", 是世界非物质文化遗产。 Visit House of Kun Opera, the oldest opera form in China, world intangible cultural heritage. 游览历史悠久的 经典水巷"平江路古文化街", 保留了水陆并行, 河街相邻的历史原貌。 Stroll old town center "Ping-Jiang Road", famous for its ancient canals and stone bridges.
Sun. 07/28	前往周庄, 具有九百多年历史的江南水乡古镇。 Depart for the historical water town Zhouzhuang. 参观张厅, 沈厅, 双桥等等明清时期江南民居的代表建筑和文物。 Visit landmark attractions: old opulent Zhang House and Shen House, Silk Mill, Double Bridges and buildings from the Ming and Qing dynasties. 乘坐传统古韵的手摇船, 沿水路观赏古色古香的水乡美景。 Take the Chinese style gondola cruise through the waterways of the old town. 游览传统工艺文化街内的传统店铺和手工作坊。 Stroll the ancient street of folk culture and handicrafts. Explore old type artisanal workshops and local specialty boutiques 晚餐后, 返回上海。 After dinner, return back to Shanghai.
Mon. 07/29	08:30-09:00 早餐 Breakfast 上午外出活动: 电影院观看电影; 超市购物。 特色午餐: 烧烤。 Outing: Watch movie in the cinema; Grocery shopping. Lunch: Barbecue. 下午外出活动: 游览上海老城的中心城隍庙传统民俗市集和小商品市场。 特色晚餐: 上海小笼包。



# RISH CHINESE SUMMER CAMP

	<p>Outing: Stroll City God Temple bazaar, heart of city's old town. Dinner: Xiaolongbao (Steamed soup buns). 20:00-20:30 返回学校 Return back to school 21:45-22:00 查房, 熄灯 Room check; Curfew</p>
Tue. 07/30	<p>08:30-09:00 早餐 Breakfast 09:00-12:00 自由时间, 休整 Free time 12:00-13:00 午餐 Lunch 下午外出活动: 漫步上海地标性景点"外滩", 欣赏万国建筑群; 黄浦江上乘坐游船, 欣赏浦江两岸美景; 游览 "中华第一街" 南京东路步行街。特色晚餐: 北京烤鸭。 Outing: Cruise on the Huangpu River, enjoy the view of the Bund, landmark of Shanghai known for its impressive collection of architecture. Stroll East Nanjing Road, the most famous pedestrian commercial street. Dinner: Traditional Beijing roasted duck 20:00-20:30 返回学校 Return back to school 21:45-22:00 查房, 熄灯 Room check; Curfew</p>
Wed. 07/31	<p>08:30-09:00 早餐 Breakfast 09:00-12:00 自由时间, 休整 Free time 12:00-13:00 午餐 Lunch 下午外出活动: 游览陆家嘴金融中心, 登顶金茂大厦 88 层观光厅, 从空中俯瞰上海美景; 购物中心内自由活动。 特色晚餐: 火锅。 Outing: Stroll Lujiazui financial center area, enjoy the panoramic view of Shanghai from the 88th floor observation deck of the iconic landmark "Jinmao Tower" ; Free time in "Super Brand Mall" shopping center. Dinner: Traditional hotpot 21:45-22:00 查房, 熄灯 Room check; Curfew</p>
Thu. 08/01	<p>乘坐高铁前往北京。 Take high-speed train to Beijing. 天坛是明、清两朝皇帝祭天、求雨和祈祷丰收的专用祭坛。参观天坛, 了解古代祭天礼仪。 Visit the Temple of Heaven, the largest ancient imperial worship architecture group in the world where the emperors prayed for peace and good harvests during both the Ming and the Qing Dynasties. 夜游南锣鼓巷, 汇集了众多文艺特色小店和特色小吃的老北京胡同, 体验古典韵味聚集的胡同生活。 Visit the old Beijing Hutong Street to explore the artistic alleys developed from local residential area.</p>
Fri. 08/02	<p>攀登慕田峪长城, 乘坐缆车, 体验滑道。 Scale the most magnificent and best-maintained section of the Great Wall: Mutianyu. Save energy by taking cable car and slide way. Enjoy the picturesque scenery. 游览皇家园林-颐和园, 清朝帝王的行宫。 Visit the Summer Palace, Imperial Garden of the Qing dynasty.</p>
Sat. 08/03	<p>参观故宫, 明、清两朝皇帝的皇家宫殿, 有大小宫殿七十多座, 房屋九千余间。 Visit the Forbidden City, the largest and best-preserved ancient imperial palaces group in the world, the Imperial residence during the Ming and Qing dynasties. Explore over 700 years of ancient architecture and history. 乘坐高铁返回上海。 Take high-speed train back to Shanghai. 抵达上海, 告别晚宴, 返回校园酒店。 Arrive in Shanghai; Farewell dinner; Transfer back to campus hotel.</p>
Sun. 08/04	<p>早餐、午餐; 整理行李; 退房。 Breakfast/Lunch; Luggage packing; check out the campus hotel room. 机场送机。 Airport drop off.</p>