

**2020 RISH Chinese Summer Camp Program Session 3**Date of Program: 7th July – 24th July, 2020 (18 days)

日期 /Date	行程描述 / Itinerary Details
Tue. 07/07	到达上海 ;机场接机 ;入住校园酒店 Arrive in Shanghai; Airport transfer; Arrange for accommodation in campus hotel 18:30-20:00 欢迎晚宴 ; 夏令营日程讲解以及注意事项介绍 Welcome dinner; Orientation 22:00-22:15 查房 Room check
Wed. 07/08	8:30-9:15 早餐 Breakfast 9:30-11:45 水平测试 Level assessment 中文课程 Chinese language course 11:50-12:50 午餐, 午休 Lunch, Break 13:00-14:00 中文课程 Chinese language course 14:15-15:45 破冰游戏 Team building, ice-breaking games 15:45-17:00 帮助学生熟悉校园, 并处理各项新环境安顿事宜 Help students to settle in and get familiar with the campus facilities 17:30-18:15 晚餐 Dinner 晚餐后自由时间 After dinner, free time 学生可自由选择进行各项体育活动 : 足球, 篮球, 羽毛球, 夜跑等等 Students are free to choose various physical exercises: football, basketball, badminton, jogging etc. 22:00-22:15 查房, 熄灯 Room check, Lights off
Thu. 07/09	8:30-9:15 早餐 Breakfast 9:30-11:45 中文课程 Chinese language course 11:50-12:50 午餐, 午休 Lunch, Break 13:00-14:00 中文课程 Chinese language course 14:00-15:30 中文实践课: 词汇拓展 Chinese workshop: Vocabulary development 15:45-17:00 文化课 : 中国功夫 Culture course: Chinese Kong-fu 17:30-18:15 晚餐 Dinner 18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing 19:30-20:30 完成作业 Homework time 20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises 22:00-22:15 查房, 熄灯 Room check, Lights off
Fri. 07/10	8:30-9:15 早餐 Breakfast 9:30-12:30 电影院观看中文电影; 超市购物 Watch Chinese movie in the cinema; Grocery shopping 12:30-13:30 午餐: 烧烤 Lunch: Barbecue 14:00-17:30 游览有“中华第一街”美誉的南京东路步行街。漫步上海地标性景点“外滩”, 欣赏万国建筑群。黄浦江上乘游船, 欣赏夜晚浦江两岸美景。Stroll Nanjing East road, the most famous pedestrian commercial street. Cruise on the Huangpu River, enjoy the view of the Bund, landmark of Shanghai known for its impressive collection of East-Meets-West early 20th century architecture. 18:00-19:30 晚餐: 火锅 Dinner: Traditional Hotpot. 20:00-22:00 返回学校, 自由时间 Return back to school; Free time 22:00-22:15 查房, 熄灯 Room check, Lights off
Sat.	8:30-9:15 早餐 Breakfast



07/11	9:30-11:45 中文课程 Chinese language course 11:50-12:50 午餐, 午休 Lunch, Break 13:00-14:00 中文课程 Chinese language course 14:00-15:30 中文实践课: 听力训练 Chinese workshop: Listening exercise 15:45-17:00 文化活动: 中国传统竞技游戏 Cultural activity: Chinese traditional competitive games 17:30-18:15 晚餐 Dinner 18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing 19:30-20:30 完成作业 Homework time 20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises 22:00-22:15 查房, 熄灯 Room check, Lights off
Sun. 07/12	8:30-9:15 早餐 Breakfast 9:30-11:45 中文课程 Chinese language course 11:50-12:50 午餐, 午休 Lunch, Break 13:00-14:00 中文课程 Chinese language course 14:00-15:30 中文实践课: 中国地理 Chinese workshop: Chinese Geography 15:45-17:15 多媒体视听课: 中国传统民俗 Audiovisual class: Chinese traditional customs 17:30-18:15 晚餐 Dinner 18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing 19:30-20:30 完成作业 Homework time 20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises 22:00-22:15 查房, 熄灯 Room check, Lights off
Mon. 07/13	8:10-8:40 早餐 Breakfast 8:45-11:45 中文课程 Chinese language course 11:50-13:50 午餐, 午休 Lunch, Break 14:00-17:00 游览上海老城的中心城隍庙市集, 领略上海的民俗风情 Stroll City God Temple bazaar (Cheng Huang Miao), heart of city's old town 18:00-19:30 晚餐: 北京烤鸭 Dinner: Traditional Beijing Roasted Duck 20:00-22:00 返回学校, 自由时间 Return back to school; Free time 22:00-22:15 查房, 熄灯 Room check, Lights off
Tue. 07/14	8:10-8:40 早餐 Breakfast 8:45-11:45 中文课程 Chinese language course 11:50-14:30 午餐, 午休 Lunch, Break 14:30-16:30 户外中文实践: 校园内小组任务 Outdoor Chinese study: Group assignment 16:30-17:30 休整 Refresh and rest 17:30-18:15 晚餐 Dinner 18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing 19:30-20:30 完成作业 Homework time 20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises 22:00-22:15 查房, 熄灯 Room check, Lights off
Wed. 07/15	8:30-9:15 早餐 Breakfast 9:30-11:45 中文课程 Chinese language course 11:50-12:50 午餐, 午休 Lunch, Break 13:00-14:00 中文课程 Chinese language course 14:00-15:30 中文实践课: 主题作文 Chinese workshop: Writing exercise



	<p>15:45-17:15 文化课：中国历史 Culture course: Chinese History</p> <p>17:30-18:15 晚餐 Dinner</p> <p>18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing</p> <p>19:30-20:30 完成作业 Homework time</p> <p>20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises</p> <p>22:00-22:15 查房，熄灯 Room check, Lights off</p>
Thu. 07/16	<p>8:30-9:15 早餐 Breakfast</p> <p>9:30-11:45 中文课程 Chinese language course</p> <p>11:50-12:50 午餐，午休 Lunch, Break</p> <p>13:00-14:00 中文课程 Chinese language course</p> <p>14:00-15:30 文化课：制作传统风筝 Culture course: Make Chinese traditional kites</p> <p>15:45-17:00 文化活动：放风筝 Cultural activity: Fly kites</p> <p>17:30-18:15 晚餐 Dinner</p> <p>18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing</p> <p>19:30-20:30 完成作业 Homework time</p> <p>20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises</p> <p>22:00-22:15 查房，熄灯 Room check, Lights off</p>
Fri. 07/17	<p>8:30-9:15 早餐 Breakfast</p> <p>10:00-11:30 登顶世界上人能到达的最高观景平台，环球金融中心 100 层的观光天阁，欣赏上海繁华美景 Enjoy the panoramic view of Shanghai from the world highest observation desk, 100th floor of the iconic landmark: Shanghai World Financial Center</p> <p>12:00-13:00 午餐：上海传统小笼包 Lunch: Shanghainese style Xiaolongbao</p> <p>13:00-14:30 购物中心自由活动 Free time in "Super Brand Mall" shopping center</p> <p>15:00-17:00 参观上海博物馆，世界级中国古代艺术博物馆，分小组完成博物馆寻宝竞赛游戏 Group game in Shanghai Ancient Museum, world-class museum of ancient Chinese art</p> <p>18:00-19:00 晚餐：披萨 Dinner: Pizza</p> <p>20:00-22:00 自由时间 Free time</p> <p>22:00-22:15 查房，熄灯 Room check, Lights off</p>
Sat. 07/18	<p>8:30-9:15 早餐 Breakfast</p> <p>9:30-11:45 中文课程 Chinese language course</p> <p>11:50-12:50 午餐，午休 Lunch, Break</p> <p>13:00-14:00 中文课程 Chinese language course</p> <p>14:00-15:30 中文实践课：口语练习，角色扮演 Chinese workshop: Speaking exercise, role playing</p> <p>15:45-17:15 文化课：书法体验课 Culture course: Calligraphy</p> <p>17:30-18:15 晚餐 Dinner</p> <p>18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing</p> <p>19:30-20:30 完成作业 Homework time</p> <p>20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises</p> <p>22:00-22:15 查房，熄灯 Room check, Lights off</p>
Sun. 07/19	<p>8:30-9:15 早餐 Breakfast</p> <p>9:30-11:45 中文课程 Chinese language course</p> <p>11:50-12:50 午餐，午休 Lunch, Break</p> <p>13:00-14:00 中文课程 Chinese language course</p> <p>14:00-15:30 中文实践课：YCT/HSK 练习 Chinese workshop: YCT/HSK exercise</p>



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	<p>15:45-17:15 文化课：中国饮食文化 Culture course: Chinese dietary culture</p> <p>17:30-18:15 晚餐 Dinner</p> <p>18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing</p> <p>19:30-20:30 完成作业 Homework time</p> <p>20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises</p> <p>22:00-22:15 查房，熄灯 Room check, Lights off</p>
Mon. 07/20	<p>8:10-8:40 早餐 Breakfast</p> <p>8:45-11:45 中文课程 Chinese language course</p> <p>12:00-14:50 午餐，午休；复习 Lunch, Break; Revision</p> <p>15:00-17:30 结业考试；结业仪式；集体照 Final Exam; Closing Ceremony; Group Photo</p> <p>17:30-18:15 晚餐 Dinner</p> <p>19:17 乘坐动车前往北京，车次 D708，软卧包厢；19:17 发车，次日 07:11 抵达 Take high-speed soft sleeper train to Beijing, dep: 19:17, arr: 07:11 +1</p>
Tue. 07/21	<p>07:11 抵达北京 Arrive in Beijing</p> <p>8:30-9:30 早餐 Breakfast</p> <p>10:00-12:00 天坛是明、清两朝皇帝祭天、求雨和祈祷丰收的专用祭坛。参观天坛，了解古代祭天礼仪 Visit the Temple of Heaven, the largest ancient imperial worship architecture group in the world where the Emperors prayed for peace and good harvests during both the Ming and the Qing Dynasties.</p> <p>12:30-13:30 午餐 Lunch</p> <p>14:00-17:00 参观故宫，明、清两朝皇帝的皇家宫殿，有大小宫殿七十多座，房屋九千余间 Visit the Forbidden City, the largest and best-preserved ancient imperial palaces group in the world, the Imperial residence during the Ming and Qing dynasties. Explore over 700 years of ancient architecture, culture, and history</p> <p>17:30-18:30 晚餐 Dinner</p> <p>19:00 车赴酒店入住 Transfer to hotel to check-in</p>
Wed. 07/22	<p>7:00-7:30 早餐 Breakfast</p> <p>7:30-14:30 攀登慕田峪长城，乘坐缆车，体验滑道 Scale the most magnificent and best-maintained section of the Great Wall: Mutianyu. Save energy by taking cable car and slide way. Enjoy the picturesque scenery</p> <p>15:00-17:00 回酒店休息 Back to hotel, refresh and rest</p> <p>17:30-18:30 晚餐 Dinner</p> <p>18:30-20:00 夜游南锣鼓巷，汇集了众多文艺特色小店和特色小吃的老北京胡同，体验古典韵味聚集的胡同生活 Visit the old Beijing Hutong Street to explore the artistic alleys developed from local residential area</p>
Thu. 07/23	<p>7:30-8:00 早餐 Breakfast</p> <p>8:30-11:00 游览皇家园林-颐和园，清朝帝王的行宫；船游昆明湖 Visit the Summer Palace, Imperial garden of the Qing dynasty; Boat cruise on the Kunming Lake</p> <p>11:30-12:30 午餐 Lunch</p> <p>12:50 乘坐高铁返回上海，车次 G133；12:50 发车，18:40 抵达 Take high-speed train back to Shanghai, dep: 12:50, arr: 18:40</p> <p>18:40 抵达上海 Arrive in Shanghai</p> <p>19:00-20:30 告别晚宴 Farewell dinner</p> <p>21:00 返回校园酒店 Transfer back to campus hotel</p>
Fri. 07/24	<p>早餐；整理行李 Breakfast; Luggage packing</p> <p>机场送机，启程回家 Airport drop off</p>