

2020 RISH Chinese Summer Camp Program Session 2

Date of Program: 4th July – 21st July, 2020 (18 days)

| 日期 /Date | 行程描述 / Itinerary Details |
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| Sat. 07/04 | <p>到达上海；机场接机；入住校园酒店 Arrive in Shanghai; Airport transfer; Arrange for accommodation in campus hotel</p> <p>18:30-20:00 欢迎晚宴；夏令营日程讲解以及注意事项介绍 Welcome dinner; Orientation</p> <p>22:00-22:15 查房 Room check</p> |
| Sun. 07/05 | <p>全天：早餐后前往"上有天堂，下有苏杭"之称的古都杭州，抵达中国名茶龙井茶的产地龙井村，参观"中国茶文化博物馆"和茶园，品茶，学习茶叶知识。参观千年古刹"灵隐寺"，感受庙宇宏伟，古朴壮观。游览古代佛教石窟艺术瑰宝"飞来峰"石刻造像，在其岩洞与峭壁上共刻有五代、宋、元、明时期的佛像四百七十多尊。参观清末巨商胡雪岩故居，清末第一豪宅，美轮美奂的传统江南宅第。</p> <p>Whole day: Depart for Hangzhou, icon of old China, reputed for beautiful scenery. Hike through the celebrated Long-jing green tea (Dragon Well tea) plantation village, visit "China National Tea Museum", learn history and culture about Chinese tea, taste tea. Visit Lingyin Temple, one of the most famous ancient Buddhist monasteries in China. Explore numerous Buddhist grottoes and religious rock carvings. Visit old house of Hu Xueyan, admire traditional Chinese architecture and classical garden of the Qing dynasty.</p> |
| Mon. 07/06 | <p>全天：泛舟西湖之上，观赏秀丽的湖光山色和众多的名胜古迹，感受如诗如画的江南古典风光。登上雷峰塔，西湖山水美景和杭州城市繁华尽在游人的远望近看之中。游览宋文化主题公园“宋城”，逛仿古街市，体验宋朝市井风情。观看大型史诗歌舞演出“宋城千古情”，将杭州的古老民间传说、历史和神话得以重现。</p> <p>Whole day: Enjoy a sightseeing boat cruise on the West Lake, the most important attraction in Hangzhou, UNESCO world heritage site. Visit Leifeng Pagoda located on the shores of the lake, enjoy the view of the city skyline. Stroll in the Song Dynasty Town. Enjoy the spectacular musical extravaganza “Romance of Song Dynasty”, the most famous show in China, which takes you thousands of years back in time to explore the ancient culture and history of Hangzhou.</p> |
| Tue. 07/07 | <p>全天：前往周庄，具有九百多年历史的江南水乡古镇。参观张厅，沈厅，双桥等等明清时期江南民居的代表建筑和文物。乘坐传统古韵的摇橹船，沿水路观赏古色古香的水乡美景。周庄所在的昆山是首批列入世界“人类口述非物质文化遗产”的昆曲发源地，参观昆曲古戏台，了解昆剧艺术。游览传统工艺文化街内的传统店铺和手工作坊。游览结束后返回上海。</p> <p>Whole day: Depart for the historical water town Zhouzhuang. Visit landmark attractions: old opulent Zhang House and Shen House, Silk Mill, Double Bridges and buildings from the Ming and Qing dynasties. Take the Chinese style gondola cruise through the waterways of the old town. Visit the ancient stage of Kunqu opera and admire the performance, “Oral and Non-material Heritage of Mankind” rated by UNESCO. Stroll the ancient street of folk culture and handicrafts. Explore old-type artisanal workshops and local specialty boutiques. Then return to Shanghai.</p> |
| Wed. 07/08 | <p>8:30-9:15 早餐 Breakfast</p> <p>9:30-11:45 水平测试 Level assessment 中文课程 Chinese language course</p> <p>11:50-12:50 午餐, 午休 Lunch, Break</p> <p>13:00-14:00 中文课程 Chinese language course</p> <p>14:15-15:45 破冰游戏 Team building, ice-breaking games</p> <p>15:45-17:00 帮助学生熟悉校园，并处理各项新环境安顿事宜</p> |



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| | <p>Help students to settle in and get familiar with the campus facilities</p> <p>17:30-18:15 晚餐 Dinner 晚餐后自由时间 After dinner, free time 学生可自由选择进行各项体育活动：足球，篮球，羽毛球，夜跑等等 Students are free to choose various physical exercises: football, basketball, badminton, jogging etc.</p> <p>22:00-22:15 查房，熄灯 Room check, Lights off</p> |
| Thu. 07/09 | <p>8:30-9:15 早餐 Breakfast</p> <p>9:30-11:45 中文课程 Chinese language course</p> <p>11:50-12:50 午餐, 午休 Lunch, Break</p> <p>13:00-14:00 中文课程 Chinese language course</p> <p>14:00-15:30 中文实践课: 词汇拓展 Chinese workshop: Vocabulary development</p> <p>15:45-17:00 文化课：中国功夫 Culture course: Chinese Kong-fu</p> <p>17:30-18:15 晚餐 Dinner</p> <p>18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing</p> <p>19:30-20:30 完成作业 Homework time</p> <p>20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises</p> <p>22:00-22:15 查房，熄灯 Room check, Lights off</p> |
| Fri. 07/10 | <p>8:30-9:15 早餐 Breakfast</p> <p>9:30-12:30 电影院观看中文电影; 超市购物 Watch Chinese movie in the cinema; Grocery shopping</p> <p>12:30-13:30 午餐: 烧烤 Lunch: Barbecue</p> <p>14:00-17:30 游览有“中华第一街”美誉的南京东路步行街。漫步上海地标性景点“外滩”，欣赏万国建筑群。黄浦江上乘游船，欣赏夜晚浦江两岸美景。Stroll Nanjing East road, the most famous pedestrian commercial street. Cruise on the Huangpu River, enjoy the view of the Bund, landmark of Shanghai known for its impressive collection of East-Meets-West early 20th century architecture.</p> <p>18:00-19:30 晚餐: 火锅 Dinner: Traditional Hotpot.</p> <p>20:00-22:00 返回学校，自由时间 Return back to school; Free time</p> <p>22:00-22:15 查房，熄灯 Room check, Lights off</p> |
| Sat. 07/11 | <p>8:30-9:15 早餐 Breakfast</p> <p>9:30-11:45 中文课程 Chinese language course</p> <p>11:50-12:50 午餐, 午休 Lunch, Break</p> <p>13:00-14:00 中文课程 Chinese language course</p> <p>14:00-15:30 中文实践课: 听力训练 Chinese workshop: Listening exercise</p> <p>15:45-17:00 文化活动：中国传统竞技游戏 Cultural activity: Chinese traditional competitive games</p> <p>17:30-18:15 晚餐 Dinner</p> <p>18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing</p> <p>19:30-20:30 完成作业 Homework time</p> <p>20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises</p> <p>22:00-22:15 查房，熄灯 Room check, Lights off</p> |
| Sun. 07/12 | <p>8:30-9:15 早餐 Breakfast</p> <p>9:30-11:45 中文课程 Chinese language course</p> <p>11:50-12:50 午餐, 午休 Lunch, Break</p> <p>13:00-14:00 中文课程 Chinese language course</p> <p>14:00-15:30 中文实践课: 中国地理 Chinese workshop: Chinese Geography</p> <p>15:45-17:15 多媒体视听课：中国传统民俗 Audiovisual class: Chinese traditional customs</p> <p>17:30-18:15 晚餐 Dinner</p> |



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| | 18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing 19:30-20:30 完成作业 Homework time 20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises 22:00-22:15 查房, 熄灯 Room check, Lights off |
| Mon. 07/13 | 8:10-8:40 早餐 Breakfast 8:45-11:45 中文课程 Chinese language course 11:50-13:50 午餐, 午休 Lunch, Break 14:00-17:00 游览上海老城的中心城隍庙市集, 领略上海的民俗风情 Stroll City God Temple bazaar (Cheng Huang Miao), heart of city's old town 18:00-19:30 晚餐: 北京烤鸭 Dinner: Traditional Beijing Roasted Duck 20:00-22:00 返回学校, 自由时间 Return back to school; Free time 22:00-22:15 查房, 熄灯 Room check, Lights off |
| Tue. 07/14 | 8:10-8:40 早餐 Breakfast 8:45-11:45 中文课程 Chinese language course 11:50-14:30 午餐, 午休 Lunch, Break 14:30-16:30 户外中文实践: 校园内小组任务 Outdoor Chinese study: Group assignment 16:30-17:30 修整 Refresh and rest 17:30-18:15 晚餐 Dinner 18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing 19:30-20:30 完成作业 Homework time 20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises 22:00-22:15 查房, 熄灯 Room check, Lights off |
| Wed. 07/15 | 8:30-9:15 早餐 Breakfast 9:30-11:45 中文课程 Chinese language course 11:50-12:50 午餐, 午休 Lunch, Break 13:00-14:00 中文课程 Chinese language course 14:00-15:30 中文实践课: 主题作文 Chinese workshop: Writing exercise 15:45-17:15 文化课: 中国历史 Culture course: Chinese History 17:30-18:15 晚餐 Dinner 18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing 19:30-20:30 完成作业 Homework time 20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises 22:00-22:15 查房, 熄灯 Room check, Lights off |
| Thu. 07/16 | 8:30-9:15 早餐 Breakfast 9:30-11:45 中文课程 Chinese language course 11:50-12:50 午餐, 午休 Lunch, Break 13:00-14:00 中文课程 Chinese language course 14:00-15:30 文化课: 制作传统风筝 Culture course: Make Chinese traditional kites 15:45-17:00 文化活动: 放风筝 Cultural activity: Fly kites 17:30-18:15 晚餐 Dinner 18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing 19:30-20:30 完成作业 Homework time 20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises 22:00-22:15 查房, 熄灯 Room check, Lights off |



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| <p>Fri. 07/17</p> | <p>8:30-9:15 早餐 Breakfast</p> <p>10:00-11:30 登顶世界上人能到达的最高观景平台，环球金融中心 100 层的观光天阁，欣赏上海繁华美景 Enjoy the panoramic view of Shanghai from the world highest observation desk, 100th floor of the iconic landmark: Shanghai World Financial Center</p> <p>12:00-13:00 午餐: 上海传统小笼包 Lunch: Shanghainese style Xiaolongbao</p> <p>13:00-14:30 购物中心自由活动 Free time in "Super Brand Mall" shopping center</p> <p>15:00-17:00 参观上海博物馆，世界级中国古代艺术博物馆，分小组完成博物馆寻宝竞赛游戏 Group game in Shanghai Ancient Museum, world-class museum of ancient Chinese art</p> <p>18:00-19:00 晚餐：披萨 Dinner: Pizza</p> <p>20:00-22:00 自由时间 Free time</p> <p>22:00-22:15 查房，熄灯 Room check, Lights off</p> |
| <p>Sat. 07/18</p> | <p>8:30-9:15 早餐 Breakfast</p> <p>9:30-11:45 中文课程 Chinese language course</p> <p>11:50-12:50 午餐, 午休 Lunch, Break</p> <p>13:00-14:00 中文课程 Chinese language course</p> <p>14:00-15:30 中文实践课: 口语练习, 角色扮演 Chinese workshop: Speaking exercise, role playing</p> <p>15:45-17:15 文化课：书法体验课 Culture course: Calligraphy</p> <p>17:30-18:15 晚餐 Dinner</p> <p>18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing</p> <p>19:30-20:30 完成作业 Homework time</p> <p>20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises</p> <p>22:00-22:15 查房，熄灯 Room check, Lights off</p> |
| <p>Sun. 07/19</p> | <p>8:30-9:15 早餐 Breakfast</p> <p>9:30-11:45 中文课程 Chinese language course</p> <p>11:50-12:50 午餐, 午休 Lunch, Break</p> <p>13:00-14:00 中文课程 Chinese language course</p> <p>14:00-15:30 中文实践课: YCT/HSK 练习 Chinese workshop: YCT/HSK exercise</p> <p>15:45-17:15 文化课：中国饮食文化 Culture course: Chinese dietary culture</p> <p>17:30-18:15 晚餐 Dinner</p> <p>18:30-19:30 中文一对一辅导 1-on-1 Chinese tutoring IB/IGCSE/AP/Writing</p> <p>19:30-20:30 完成作业 Homework time</p> <p>20:30-22:00 自由时间 Free time 可自由选择各项体育活动 Students are free to choose various physical exercises</p> <p>22:00-22:15 查房，熄灯 Room check, Lights off</p> |
| <p>Mon. 07/20</p> | <p>8:10-8:40 早餐 Breakfast</p> <p>8:45-11:45 中文课程 Chinese language course</p> <p>12:00-14:50 午餐, 午休; 复习 Lunch, Break; Revision</p> <p>15:00-17:30 结业考试；结业仪式；集体照 Final Exam; Closing Ceremony; Group Photo</p> <p>18:00-19:30 中餐料理课程：包饺子 Chinese cooking class, self-made dinner: make dumplings</p> <p>晚餐后休整，自由时间 After dinner, free time</p> <p>22:00-22:15 查房，熄灯 Room check, Lights off</p> |
| <p>Tue. 07/21</p> | <p>早餐; 整理行李 Breakfast; Luggage packing</p> <p>机场送机，启程回家 Airport drop off</p> |